



Post Op Instructions for a Dental Implant

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Post Op Instructions for a Dental Implant

- You should plan to rest immediately following the procedure and preferably for the next day. This helps early healing.
 - Some discomfort will be felt afterwards but pain is not usually a problem. Suitable pain relief will be given to you and it is recommended that this be taken immediately following the procedure then as prescribed if required.
 - Do not stretch or lift the lip out for the first couple of days as this may irritate the wound.
 - Some slight oozing of the site may occur afterwards. This should stop within 12 hours. If bleeding persists then please phone me.
 - Soft foods should be taken for the first day so as not to disrupt the wound.
 - It is important to keep the area clean and the mouth rinse "savacol should be used twice daily for 7 days or until normal brushing can be resumed".
- DO NOT START MOUTH RINSE
UNTIL NEXT DAY.
- Hot salt water mouth soaks 4-6 times per day are to start the following day as well.
 - Avoid hot drinks, alcohol or strenuous exercise for the first 24 hours as this may start bleeding.
 - If you have a partial denture this should not be worn on the day of the procedure.
 - Do not force the denture into place if there is any pressure, leave the denture out and contact the surgery.
- If there are any problems then please phone the practice or if outside work hours call:

Lester - Home: 3842199 or Mobile 0272237250.